



BMHS DAILY ANNOUNCEMENTS

Thursday, April 7, 2022

JOIN YOUR GOOGLE CLASSROOM

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BMHS



Google Classroom

Every student should join their graduating class' Google Classroom to stay up to date with grade specific announcements!

Grade 9 Class of 2025 - 7fdotgt

Grade 10 Class of 2024 - pqn6r6b

Grade 11 Class of 2023 - xmntytr

Grade 12 Class of 2022 - 5kuzhmr

DAILY SELF-SCREENING

Thursday, April 7, 2022

Ministry of Health | Ministry of Education

Ontario 

BMHS

**COVID-19 screening tool
for schools and child care settings**

Version 4.6: March 21, 2022

Reminder that all students must complete and pass the daily COVID-19 self-screening tool each day, prior to attending in-person learning.

Students will be asked, upon arrival at school, to confirm that it has been completed. QR Codes will also be posted outside the entrances to the school building.

DELFL CLUB

Thursday, April 7, 2022

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DELFL club will be meeting again this Thursday at lunch. We will be starting practice for listening comprehension question as well as taking our group picture for the yearbook.

Please see Mr. Griese or Mlle. Ubbens if you have any questions or for more information.



Photo credit: sjb.hwcdsb.ca

EQUITY TEAM

Thursday, April 7, 2022

BMHS

Any students who speak Anishinabek, Arabic, Azerbaijani, Dari, Gujarati, Macedonian or Malay please come to 138 to see Ms D today at lunch.



Photo credit: myhuron.com

EQUITY TEAM

Thursday, April 7, 2022

BMHS

This is just a reminder that Equity Team will be meeting at lunch and after school in room 221. We have some progress to share so we will see you there!



Photo credit:pngitem.com

BMHS

OSSLT Practice session is happening today in the library. Students who received invitation slips for the practice session are reminded to go directly to the library during your scheduled practice session.



OSSLT
The Ontario
Secondary School
Literacy Test

Photo credit: info51.ca

GIRLS RUGBY

Thursday, April 7, 2022

BMHS

A reminder to all girls rugby players of the
practice today in Gym 161.

Don't forget your mouthguards!



Photo credit: theprintnews.co.uk

RELAY FOR LIFE

Thursday, April 7, 2022

BMHS

Cancer remains the leading cause of death in Canada, and you can be a part of finding a cure. **June 9th** is Relay for life, come out to show your support, our fundraising goal is **\$20,000** so lets make that happen marauders. Sign ups will be available on a QR- code outside of the main gym!



Photo credit:pinterest.com

BSA

Thursday, April 7, 2022

BMHS

You are all welcomed to bring your lunch and come to room 167 this Friday at 11 for BSA.

Come on out for some good music and conversation. We hope to see you there. Be sure to bring a friend.



DANCE TEAM

Thursday, April 7, 2022

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Dance team will meet for lyrical today at 11am.
Attendance is mandatory!



Photo credit: [clipart-library.com](https://www.clipart-library.com)

CULTURAL DIVERSITY FASHION SHOW

Thursday, April 7, 2022

BMHS

Let's celebrate our threads, our dreads, our scarves,
our skirts, our shirts, our colours, our beads.
Let's celebrate our cultural heritage together.
This spring, the Equity Team is proud to announce
Banting's first Cultural Diversity Fashion Show!
If you or any of your friends are interested in
participating, please follow the QR code on our
posters around school or visit Room 138 or 216.



Photo credit: everbrite.com

FUNDRAISER

Thursday, April 7, 2022

BMHS

Hey Banting, got any old books you don't read and want to help fundraise for the life skills prom? Bring in all your old books and drop them in the box at the front of the library.



Photo credit:cliparts.zone

STAFF BOOK CLUB

Thursday, April 7, 2022

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Banting's staff book club meets at 2:30 p.m. today in the library. New members are welcome.



Photo credit:georginalibrary.ca

LIFE SKILLS PROM FUNDRAISER

Thursday, April 7, 2022

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Want to win a prize by shooting some hoops? On Friday April 8th, there will be a free throw competition in gym 116 at lunch to help fundraise for the life skills prom. All you need is a toonie!

Hope to see you there!



Photo credit:pinterest.com



CALLING ALL STUDENTS!

Ever had an idea for a company? Learning how to run your own student business is one of the best summer jobs you can have.

Successful Participants Receive:

- Up to \$3,000 in funding
- Hands-on training
- Mentoring from local business leaders

Summer Company is open for applications
To learn more about this program and how to apply, come to the information session that will be hosted by Banting's Coop Department on **April 20th, 2022 during period 2 class.**

Registration is required to attend the information session. You can register in the Co-op department.

ACTIVE APRIL

Thursday, April 7, 2022

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Active April 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 1. Commit to being more active this month, starting today	 2. Spend as much time as possible outdoors today	 3. Listen to your body and be grateful for what it can do	 4. Eat healthy and natural food today and drink lots of water	 5. Turn a regular activity into a playful game today	 6. Do a body-scan meditation and really notice how your body feels	 7. Get natural light early in the day. Dim the lights in the evening
 8. Give your body a boost by laughing or making someone laugh	 9. Turn your housework or chores into a fun form of exercise	 10. Have a day free from TV or screens and get moving instead	 11. Set yourself an exercise goal or sign up to an activity challenge	 12. Move as much as possible, even if you're stuck inside	 13. Make sleep a priority and go to bed in good time	 14. Relax your body & mind with yoga, tai chi or meditation
 15. Get active by singing today (even if you think you can't sing!)	 16. Go exploring around your local area and notice new things	 17. Be active outside. Dig up weeds or plant some seeds	 18. Try a new online exercise, activity or dance class	 19. Spend less time sitting today. Get up and move more often	 20. Focus on 'eating a rainbow' of multi-coloured vegetables today	 21. Regularly pause to stretch and breathe during the day
 22. Enjoy moving to your favourite music. Really go for it	 23. Go out and do an errand for a loved one or neighbour	 24. Get active in nature. Feed the birds or go wildlife-spotting	 25. Have a 'no screens' night and take time to recharge yourself	 26. Take an extra break in your day and walk outside for 15 minutes	 27. Find a fun exercise to do while waiting for the kettle to boil	 28. Meet a friend outside for a walk and a chat
 29. Become an activist for a cause you really believe in	 30. Make time to run, swim, dance, cycle or stretch today					

ACTION FOR HAPPINESS **Happier · Kinder · Together**

MUSIC

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Attention all musicians!

Music extra-curricular groups are back together after a very long break!

Do you play a wind instrument, or have you taken an instrumental music course at Banting? Then the Concert Band is the place for you! It meets Tuesday and Thursday after school in the music room, which is room 170 in the tech wing.

Do you like to sing? Are you an experienced vocalist? Or do you just like to sing in the shower? Either way, Glee is the place to be!

Glee is a multi-level choir that meets every Monday and Wednesday after school in room 170.

Be a part of the rebuilding of a legacy! These ensembles historically have toured, travelled, and won international competitions in various cities all over North America, including Montreal, Nashville, New York, Chicago, Boston, and Washington D.C. We will be doing so again, as soon as student travel opportunities are allowed. If music, friendship, travel and new experiences are of interest to you, come be a part of music at Banting!

See Mr. Kennedy or Mr. Heeley for more information and to sign up for an ensemble!



Photo credit:facebook.com