



BMHS DAILY ANNOUNCEMENTS

Friday, April 29, 2022

JOIN YOUR GOOGLE CLASSROOM

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BMHS



Google Classroom

Every student should join their graduating class' Google Classroom to stay up to date with grade specific announcements!

Grade 9 Class of 2025 - 7fdotgt

Grade 10 Class of 2024 - pqn6r6b

Grade 11 Class of 2023 - xmntytr

Grade 12 Class of 2022 - 5kuzhmr

DAILY SELF-SCREENING

Friday, April 29, 2022

Ministry of Health | Ministry of Education

Ontario 

BMHS

**COVID-19 screening tool
for schools and child care settings**

Version 4.6: March 21, 2022

Reminder that all students must complete and pass the daily COVID-19 self-screening tool each day, prior to attending in-person learning.

Students will be asked, upon arrival at school, to confirm that it has been completed. QR Codes will also be posted outside the entrances to the school building.

LINK CREW

Friday, April 29, 2022

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Applications to join Link Crew for the 2022-23 school year open on Monday May 2nd. If you are in grade 10 or 11 this year and interested in becoming part of the exciting team that supports incoming grade 9 students then Link Crew may be for you.

More information is posted on the Class of 2023 and Class of 2024 Google Classrooms.

**LINK
CREW**

MIDTERM REPORT CARDS

Friday, April 29, 2022

BMHS

Midterm Report Cards were distributed in period 1 classes today.

If you have a spare period 1, you can pick up your report card from the main office during lunch or after school.



OPEN MIC

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Do you have a talent that you would like to showcase?

We are now accepting students for our next Open Mic on May 5.

Please sign up in room 206 any day at lunch.

Look forward to seeing you there!



BMHS

Attention BSA Members:

We are adding Fridays after school to discuss and plan upcoming events.

Come on out to room 167 to share your ideas.

Also, BSA will be meeting today at 11 in room 167.

Hope to see you there!



The GSA -- The Gender and Sexuality Alliance -- will meet today in room 248. If you want to educate others, share your story or just hang out, GSA is the place to be! If you are not sure what it's all about, ask Mr. Pearson, or better yet, come to a meeting and find out!

All are welcome!



MENTAL HEALTH WEEK

Friday, April 29, 2022

BMHS

Next week is Mental Health week. On Monday we are celebrating taking care of our physical health to take care our mental health.

There will be many activities happening at lunch:

Ping Pong in Gym 151

Volleyball in 161

Spikeball in the double gym

Bean bag toss out front of the school

Fitness Centre will be open



photocredit:wtrade.com

ART DEPARTMENT

Friday, April 29, 2022

BMHS

The Art Department Enhancement Initiative is still on going. Make a cash donation on Cash Online and come see Ms Novek in room 174 for your gift of appreciation. There are still a number of excellent gifts to be claimed.



JUNIOR BOYS GOLF

Friday, April 29, 2022

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Attention all grade 9 and 10 boys!

Dust off those clubs...golf season is back! Tryouts for the JUNIOR BOYS GOLF team will take place on Monday May 2nd. You must sign up on the athletic bulletin board outside the big gym to participate.

If you have any questions please see Mr. Geier in the Phys. Ed. office.



photocredit:pinterest.com

PRIDE PROM

Friday, April 29, 2022

BMHS



Pride Prom is today!
The free van will leave Banting at 6:15 pm and
will get back at 10:30 pm.

COLOUR RUN

Friday, April 29, 2022

BMHS

Banting ***Colour Run***

FRIDAY, MAY 6TH, 2022 11:30 - 2:00

Rain Date: May 10th



Tickets on sale on school
cash online for \$5 from
April 19th to 29th

Do you want to join the colour run?

Today is the last day for your to buy your ticket.

Tickets are on sale for \$5.00 on School Cash Online.
Please have your parents go online and buy ticket today.

Hope to see you there Banting!

RELAY FOR LIFE

Friday, April 29, 2022

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QUICK REMINDER BANTING TO SIGN
UP FOR RELAY FOR LIFE!



MAKE YOUR TEAMS AND START
FUNDRAISING!



USE THE QR CODE TO SIGN UP

- JUNE 9TH
- RAIN DATE JUNE 10TH

Don't forget to donate to Relay for Life.
Reach \$1000 and see the Leadership class get pie in the face!

You can make a difference!
Start here and start now: www.relayforlife.ca/banting

ACTIVE APRIL

Friday, April 29, 2022

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Active April 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 1. Commit to being more active this month, starting today	 2. Spend as much time as possible outdoors today	 3. Listen to your body and be grateful for what it can do	 4. Eat healthy and natural food today and drink lots of water	 5. Turn a regular activity into a playful game today	 6. Do a body-scan meditation and really notice how your body feels	 7. Get natural light early in the day. Dim the lights in the evening
8. Give your body a boost by laughing or making someone laugh	9. Turn your housework or chores into a fun form of exercise	10. Have a day free from TV or screens and get moving instead	11. Set yourself an exercise goal or sign up to an activity challenge	12. Move as much as possible, even if you're stuck inside	13. Make sleep a priority and go to bed in good time	14. Relax your body & mind with yoga, tai chi or meditation
15. Get active by singing today (even if you think you can't sing!)	16. Go exploring around your local area and notice new things	17. Be active outside. Dig up weeds or plant some seeds	18. Try a new online exercise, activity or dance class	19. Spend less time sitting today. Get up and move more often	20. Focus on 'eating a rainbow' of multi-coloured vegetables today	21. Regularly pause to stretch and breathe during the day
22. Enjoy moving to your favourite music. Really go for it	23. Go out and do an errand for a loved one or neighbour	24. Get active in nature. Feed the birds or go wildlife-spotting	25. Have a 'no screens' night and take time to recharge yourself	26. Take an extra break in your day and walk outside for 15 minutes	27. Find a fun exercise to do while waiting for the kettle to boil	28. Meet a friend outside for a walk and a chat
29. Become an activist for a cause you really believe in	30. Make time to run, swim, dance, cycle or stretch today					

ACTION FOR HAPPINESS **Happier · Kinder · Together**



MUSIC

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Attention all musicians!

Music extra-curricular groups are back together after a very long break!

Do you play a wind instrument, or have you taken an instrumental music course at Banting? Then the Concert Band is the place for you! It meets Tuesday and Thursday after school in the music room, which is room 170 in the tech wing.

Do you like to sing? Are you an experienced vocalist? Or do you just like to sing in the shower? Either way, Glee is the place to be!

Glee is a multi-level choir that meets every Monday and Wednesday after school in room 170.

Be a part of the rebuilding of a legacy! These ensembles historically have toured, travelled, and won international competitions in various cities all over North America, including Montreal, Nashville, New York, Chicago, Boston, and Washington D.C. We will be doing so again, as soon as student travel opportunities are allowed. If music, friendship, travel and new experiences are of interest to you, come be a part of music at Banting!

See Mr. Kennedy or Mr. Heeley for more information and to sign up for an ensemble!



Photo credit:facebook.com